



Winona Classic 5km SNOWSHOE



January 14, 2012

The first 50 registrants will receive a pair of
"Winona Classic" knit gloves.

3.1 miles of single track and groomed trail through the beautiful Winona Forest

DATE / TIME: SATURDAY, January 14, 1:00 P.M.

START/FINISH: CCC Camp/Winona Forest, County Route 90, Mannsville, NY

REGISTRATION: 11:45 A.M. - 12:45 P.M.

COURSE: Beautiful wooded forest trails. Mixture of groomed trail, single track packed, and virgin snow single track

REQUIREMENTS: MINIMUM SNOWSHOE SIZE = 120 SQUARE INCH SURFACE.

AID STATIONS: NONE. Come prepared; bring a water bottle if you need one.

ENTRY: \$15 REGISTRATION, \$10 for under 16ers. There is **ONLY** race day registration.

DIRECTIONS: Take Rt. I-81 to exit 39, which is the Mannsville Exit. Head East on County Route 90 to stop sign in Mannsville. Go through stop, and continue on East 90 for total of 6 miles.

LOANER SHOES - \$5: I will have 15 pairs of DION racing snowshoes available. For information on how to reserve a pair, e-mail me at snowshoerace@gmail.com We always run out, so be sure to contact me asap!!

SPONSORED BY: Dion Snowshoes, Winona Forest Recreation Association, and [Hammer Supplements](#)

REFRESHMENTS: Gather at the Nordic Emporium, 939 Co. Rt. 13, Boylston. 5 minutes from race site, and another 5 miles back to I-81. \$5 all you can eat soup, bread, chili, and sweets.

RACE DIRECTOR: Matt Westerlund Email: snowshoerace@gmail.com

FACILITIES: There is a warm building for registration, and a cold outhouse at the parking area

RACE STATUS UPDATES: Check www.winonaforest.com for possible cancellations 5:00AM January 14

DISCLAIMER:

Winter and snow conditions are unpredictable. What you can count on for the Winona Classic, is a well-marked course, true to the sport of snowshoe racing. The course is designed so anyone can participate. Regardless of your ability levels, consider it an adventure race.

Possible obstacles may include: deep snow, bitterly cold temperatures, blizzard-like conditions, logs, boulders, possibly a bit of open water, downed trees, steep up and down hills, snowmobilers, skiers, and wild animals. Participate with clear expectations that this event will be an adventure. Please come to enjoy the day with fellow 'shoers, in a beautiful forest. Support the trail systems you are on and become a member of Winona Forest Recreation Association. Without them, we could not have this event.

For additional information about snowshoe racing in NY, go to

<http://www.empirestatesnowshoe.org/>

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ENDURANCE SUPPLEMENTS